

Sterling High School

Hy-Tek's MEET MANAGER 3/7/2009 Page 1

**Sauk Valley Indoor Invite - 3/7/2009**  
**Sterling Westwood Track**

**Results****Girls 55 Meter Dash**

Lane	Name	Yr	Team	Finals
1	CAMBELL, KIMARR	10	ROCK	7.44
2	RENNER, NICOLE	9	STER	7.48
3	RICHARDSON, BRENDA	09	ROCK	7.67
4	BURTON, AMANDA		DIXO	7.84
5	GINN, TESS	11	DIXO	7.86
6	GILRAMOR, BROOK		DIXO	7.90
7	HENDLEY, BECCA		DIXO	7.91
8	TROXELL, ERIKA	09	DIXO	7.99
9	SWEENEY, MADDIE	09	DIXO	8.02
10	DAHLER, AUBRY	09	ROCK	8.03
11	ETNYRE, ROBIN		ORE	8.07
12	GREENWALT, LIZ		DIXO	8.07
13	ANDERSON, SHAWN		STER	8.09
14	GREENE, KRISTA		ORE	8.13
15	SODERGREN, TAYL		DIXO	8.17
16	KOSTER, JACKIE		STER	8.20
17	THOMPSON, SHAWN		ORE	8.27
18	BROWN, EMILY	09	ROCK	8.30
19	KOWOLEWSKI, CAI		MEN	8.31
20	NLYAI, LINDA		ROCK	8.37
21	BROWN, KAIREE	10	STER	8.42
22	HOWARD, MEGAN		ORE	8.43
23	HIATT-GLENN, TAN		DIXO	8.63
24	WOLBER, ANN		STER	8.68
25	PETERS, ALEX		ORE	8.72
26	CARR, REBECCA		STER	8.87
27	CUBAS, KATRINA		STER	8.99
28	WATERS, WHITNEY		STER	9.07
29	STALL, AMANDA		STER	9.38
—	SALAS, ERICA		STER	DQ

**Girls 200 Meter Dash**

Lane	Name	Yr	Team	Finals
1	LESEMAN, OLIVIA		ROCK	27.97
2	RICHARDSON, BRENDA	09	ROCK	28.26
3	COX, CATIE		DIXO	29.80
4	WELCH, ELIZABETH		STER	29.91
5	SWEENEY, MADDIE	09	DIXO	30.12
6	BARR, JESSICA		MEN	30.20
7	HENDLEY, BECCA		DIXO	30.32
8	BROWN, ALICA		DIXO	30.80
9	KOWOLEWSKI, CAI		MEN	30.87
10	CRAWFORD, KENZI		MEN	30.91
11	YOUNGLOVE, SARAH		ORE	30.93
12	DAHLER, AUBRY	09	ROCK	30.96
13	ANDERSON, SHAWN		STER	31.08
14	CHRIST, JENNIFER	11	DIXO	31.27
15	SPELDE, SYDNEY		DIXO	31.42
16	THOMPSON, SHAWN		ORE	31.59
17	FLOWERS, MARCEL	09	DIXO	31.75
18	GROVE, ANNA		STER	31.82
19	GILRAMOR, BROOK		DIXO	31.88
20	SODERGREN, TAYL		DIXO	31.96
21	HOWARD, MEGAN		ORE	32.25

21	JANSSEN, KELSEY		ORE	32.25
23	VOS, LAUREN		STER	32.62
24	WEI, CAROL		ROCK	32.77
25	PETERS, ALEX		ORE	32.81
26	SALAS, ERICA		STER	33.04
27	CAWANAUGH, KELLY		DIXO	33.06
28	KUNDE, MOLLY		STER	33.19
29	CHACON, GIANNA		DIXO	33.60
30	CUBAS, KATRINA		STER	34.29
31	CARR, REBECCA		STER	35.13
32	STALL, AMANDA		STER	36.71

**Girls 400 Meter Dash**

Lane	Name	Yr	Team	Finals
1	DAVIS, SAVANNAH		ROCK	1:07.79
2	BARR, JESSICA		MEN	1:08.37
3	BREVITT, LINDSEY	11	DIXO	1:09.44
4	EHREDT, HALIGH		ROCK	1:09.82
5	JONES, VICTORIA		DIXO	1:10.00
6	STRENGTH, JACIE		ROCK	1:10.60
7	FABER, LEXI		MEN	1:11.72
8	NUESBAUM, MARIS		ROCK	1:11.73
9	ANDERSON, SHAWN		STER	1:12.58
10	GROVE, ANNA		STER	1:12.87
11	WELCH, ELIZABETH		STER	1:13.61

**Girls 800 Meter Run**

Name	Yr	Team	Finals
1	SONDERGROTT, TILLY	DIXO	1.00
2	BECK, GINA	ORE	2.00
3	PONTNACK, JORDA	ORE	3.00
4	THORPE, HAYLEY	DIXO	4.00
5	SCHIER, JENEEN	ORE	5.00
6	HEEY, SARAH	ORE	6.00
7	DEWEY, ALYSE	DIXO	7.00
8	DONAHUE, CERA	MEN	8.00
9	CONTRAS, SAYRA	STER	9.00
10	MALUI, KEMA	STER	10.00
11	NELSON, ASHLEY	STER	11.00
12	FASSLER, BECCA	STER	13.00

**Girls 1600 Meter Run**

Name	Yr	Team	Finals	
1	CASTENEDA, VICTORIA	11	ROCK	5:36.00
2	SONDGEROTH, CHELSEA	09	DIXO	5:41.00
3	AXELSON, LYNEA		ORE	5:53.00

**Girls 55 Meter Hurdles**

Name	Yr	Team	Finals	
1	LOOS, KAITLIN	11	STER	9.12
2	CRAWFORD, KENZI		MEN	10.80
3	DEVERS, CHELSIE		STER	11.05
4	THOMPSON, SHAWN		ORE	11.26

**Girls 4x200 Meter Relay**

Lane	Team	Relay	Finals
1	DIXO	A	1:58.00
2	STER	A	1:59.00

3	ORE	A	2:01.00
4	DIXO	B	2:05.00
5	ROCK	B	2:06.00
6	ROCK	C	2:09.00
—	MEN	A	NT
—	ROCK	A	DQ

**Girls 4x400 Meter Relay**

Team	Relay	Finals	
1	STER	A	4:39.47
2	ROCK	A	4:43.09
3	DIXO	A	4:49.50
4	MEN	A	4:49.92
5	DIXO	B	5:00.33

**Girls 4x800 Meter Relay**

Team	Relay	Finals	
1	DIXO	A	10:52.00
2	STER	A	11:18.00
3	ORE	A	11:24.00
4	MEN	A	11:59.00
5	ORE	B	12:27.00

**Girls High Jump**

Name	Yr	Team	Finals	
1	FLOWERS, MARCEL	09	DIXO	5-00.00
1	LOOS, KAITLIN	11	STER	5-00.00
3	MAHONEY, .		ORE	4-10.00
4	CHRIST, JENNIFER	11	DIXO	4-06.00
4	COX, CATIE		DIXO	4-06.00
6	JORDAN, BETHANY	09	DIXO	4-04.00
6	BURTON, HANNAH		MEN	4-04.00
8	ELLIS, NICOLE	10	ROCK	4-02.00
8	BRATT, MARY	11	DIXO	4-02.00
10	BURTON, AMANDA		DIXO	4-00.00

**Girls Pole Vault**

Name	Yr	Team	Finals	
1	WOLBER, ANN		STER	8-06.00
2	JORDAN, BETHANY	09	DIXO	7-06.00
3	SHELEY, MADDIE		STER	5-06.00
3	HARTMAN, .		STER	5-06.00
5	ROMERO, F.		STER	J5-06.00
6	HEFFELFINGER, K		STER	4-06.00
7	VOS, LAUREN		STER	J4-06.00

**Girls Long Jump**

Name	Yr	Team	Finals	
1	BREVITT, LINDSEY	11	DIXO	14-04.00
2	GREENE, KRISTA		ORE	13-09.50
3	CRAWFORD, KENZI		MEN	13-00.25
4	BROWN, ALICA		DIXO	13-00.00
5	HENDLEY, BECCA		DIXO	12-06.50
6	NOTHCUTT, .		ROCK	12-05.00
7	KUNDE, MOLLY		STER	12-04.00
8	HOWARD, MEGAN		ORE	12-02.50
9	HILLIARD, LIZ	10	DIXO	12-02.00
10	LESEMAN, OLIVIA		ROCK	11-03.75

**Sauk Valley Indoor Invite - 3/7/2009**  
**Sterling Westwood Track**

**Results**

**(Girls Long Jump)**

11	TROXELL, ERIKA	09	DIXO	11-01.25
12	JAKVBCZAK, .		ROCK	10-11.50
13	DIETZ, ASHLEY		STER	10-10.00
14	WEI, CAROL		ROCK	10-08.50
15	MITCHEL, .		ROCK	10-06.00
16	CAVANAUGH, .		ROCK	9-05.75
17	DAHLER, AUBRY	09	ROCK	9-04.75

**Girls Triple Jump**

Name	Yr	Team	Finals
1	GREENWALT, LIZ	DIXO	31-10.00
2	FLOWERS, MARCEL	09 DIXO	30-01.75
3	HILLIARD, LIZ	10 DIXO	28-07.50
4	NEHVKORN, MADIS	MEN	27-07.25
5	KUNDE, MOLLY	STER	27-02.00

**Girls Shot Put**

Name	Yr	Team	Finals
1	TODD, ASHLEY	11 STER	33-09.00
2	JANSSSEN, KELSIE	ORE	30-00.50
3	ARELIAS, THALIA	STER	28-02.00

**Boys 55 Meter Dash**

Lane Name	Yr	Team	Finals
1	KUNDE, JOSH	11 STER	6.73
2	MORMAN, ZACH	STER	6.77
3	CARUSO, ALEX	MEN	6.78
4	GANUS, JOEY	ORE	6.79
5	RODRIGUEZ, ALEX	9 STER	6.89
6	COPPETELLI, RYAN	10 STER	6.94
7	MARTINSON, TRAV	MEN	6.96
8	MCKEOWN, NICK	ORE	6.97
9	WOODYATT, JASON	MEN	6.99
10	REID, Q	ROCK	7.02
11	THORTON, CHRIS	ROCK	7.05
12	SHAULIS, PAT	ORE	7.12
13	FELDKIRCHNER, A	9 STER	7.16
14	JONES, DEXTER	10 STER	7.17
15	OROZCO, OMAR	MEN	7.26
16	OSBORNE, JAKE	ORE	7.27
17	MAGALLANES, DAN	MEN	7.29
18	ARTEAGA, REY	MEN	7.33
19	PRESTON, DILLON	MEN	7.39
19	PEUGH, TYLER	9 STER	7.39
19	BARKMAN, BLAKE	MEN	7.39
22	LABASH, DANNY	ORE	7.40
23	MARFORD, MITCH	MEN	7.55
24	MCNINCH, D	ROCK	7.56
25	MILLER, ALEX	MEN	7.58
26	GARCIA, BEN	ROCK	7.59
27	ALBERS, JACOB	MEN	7.66
28	KAUFMAN, SEAN	MEN	7.77
29	SMITH, JAKE	ORE	7.81
29	GRIDLEY, .	ROCK	7.81
29	MORGAN, DYLAN	ROCK	7.81

32	KOWALEWSKI JOE	MEN	7.96
33	RUPPERT, IAN	MEN	7.97
34	LIVINGSTON, ROY	ROCK	8.12
35	MORRELL, .	ROCK	8.15
36	ALLEN, JARED	MEN	8.18
37	BARNES, TYLER	ROCK	8.81

**Boys 200 Meter Dash**

Lane Name	Yr	Team	Finals
1	BURCIAGA, ZOHAR	ROCK	23.99
2	KUNDE, JOSH	11 STER	24.13
3	COPPETELLI, RYAN	10 STER	24.57
4	DELHOTAL, JUSTIN	MEN	25.10
5	CARUSO, ALEX	MEN	25.17
6	RODRIGUEZ, ALEX	9 STER	25.18
7	GANUS, JOEY	ORE	25.22
8	BUONOVOLONTO, .	ORE	25.54
9	HALE, .	ROCK	25.55
10	MAGALLANES, DAN	MEN	25.57
11	GAHAN, ADAM	MEN	25.63
12	MORMAN, ZACH	STER	25.73
13	MCKEOWN, NICK	ORE	25.76
14	GALE, ETHAN	ORE	25.94
15	OROZCO, OMAR	MEN	26.40
16	COMMISSO, BRIAN	09 STER	26.82
17	EILERS, DYLAN	10 STER	26.83
17	CHESHIRE, CHASE	09 STER	26.83
19	KOWALEWSKI, JOE	MEN	27.38
20	JONES, DEXTER	10 STER	27.64
21	LABASH, DANNY	ORE	28.04
22	GARCIA, BEN	ROCK	28.21
23	LEWIS, ZACH	MEN	28.28
24	PRESTON, DILLON	MEN	28.31
25	MILLER, ALEX	MEN	28.93
26	EUPELL, DEVANTAY	ROCK	29.07
27	PRESTON, CODY	MEN	29.24
28	MARFORD, MITCH	MEN	29.35
29	ARTEAGA, REY	MEN	30.36
30	SANDOVAL, FRANS	MEN	30.37

**Boys 400 Meter Dash**

Lane Name	Yr	Team	Finals
1	WUJEK, KURTIS	MEN	55.65
2	WUJEK, KEVEN	MEN	57.49
3	TESKE, T.J.	ROCK	58.77
4	OSBORNE, JAKE	ORE	59.19
5	BRENNER, AARON	9 STER	59.22
6	MCFADDEN, NICK	ROCK	59.43
7	SMITH, JAKE	ORE	1:00.09
8	BELL, KYLE	MEN	1:00.59
9	CASTEN, KYLE	10 STER	1:00.70
10	LEWIS, ZACH	MEN	1:00.94
11	SEELEY, NICK	ORE	1:01.13
12	CERVANTES, KEAT	11 STER	1:01.19
13	PRESTON, CODY	MEN	1:02.50
14	BARTON, BRADEN	ORE	1:03.73
15	MANCILLA, ALEX	MEN	1:08.73

16	THORTON, CHRIS	ROCK	1:13.31
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**Boys 800 Meter Run**

Name	Yr	Team	Finals
1	BARR, JAKE	MEN	2:11.00
2	ANDERSON, GAVIN	ORE	2:22.00
3	SMITH, TIM	MEN	2:24.00
4	RANDICH, JOEY	ORE	2:30.00
5	GUZZLE, .	ROCK	2:34.29
6	DIAESE, SKYLAR	ORE	2:34.81
7	FRY, CHRIS	09 STER	2:38.00
7	HABERBUSH, NICK	MEN	2:38.00
9	FARRELL, THOMAS	ROCK	2:41.00
10	SCHULER, NOLAN	MEN	2:44.00
11	KINER, BEN	MEN	2:45.00
12	GILKEY, .	ROCK	2:49.00
13	MANCILLA, ALEX	MEN	2:54.00

**Boys 1600 Meter Run**

Name	Yr	Team	Finals
1	LANDIS, JACOB	09 STER	5:04.40
2	BARR, JAKE	MEN	5:05.40
3	MCCORMICK, ANDI	10 STER	5:23.90
4	BILLINGS, .	ROCK	5:25.00
5	BAKER, KALEB	ORE	5:25.50
6	GALLEGOS, .	MEN	5:26.00
7	JONES, NICK	ORE	5:27.00
8	CASTILLO, NATHAN	11 STER	5:29.10
9	MCKANNA, .	ROCK	5:32.00
10	LEAF, .	ROCK	5:35.00
11	CHINO, IVAN	11 STER	5:39.50
12	DIRKS, MATT	9 STER	5:40.40
13	GRANADOS, MAHA	ORE	5:44.00
14	FARRIS, BEN	MEN	5:49.00
15	TREVINO, BRAD	11 STER	5:49.50
16	PROVO, GARRET	ORE	5:57.80
17	READER, COLLIN	MEN	6:07.00
18	SCHULER, NOLAN	MEN	6:24.00

**Boys 55 Meter Hurdles**

Lane Name	Yr	Team	Finals
1	WOODS, TYLER	MEN	8.06
2	WEBMHOFER, JEF	ORE	8.07
3	GALLARDO, NICK	ORE	8.81
4	CERVANTES, KEAT	11 STER	8.98
5	LEWIS, ZACH	MEN	9.15
6	MCNINCH, J.C.	ROCK	9.80
7	TORRES, CHRIS	ROCK	10.54
—	BARTON, BRADEN	ORE	NT
—	FRY, CHRIS	09 STER	NT
—	MILLER, ALEX	MEN	NT
—	HUGDIN, DANIEL	9 STER	NT
—	FARRELL, THOMAS	ROCK	NT
—	CASTEN, KYLE	10 STER	DQ

**Boys 4x200 Meter Relay**

Lane Team	Relay	Finals
1	ROCK	A 1:38.00

Sank Valley Indoor Invite - 3/7/2009  
Sterling Westwood Track

Results

(Boys 4x300 Meter Relay)

2 ORE	A	1:41.00
3 MEN	A	1:43.08
4 STER	A	1:43.24
5 STER	B	1:43.47
6 ROCK	B	1:47.00

Boys 4x400 Meter Relay

Lane Team	Relay	Finals
1 MEN	A	3:45.25
2 ORE	A	3:46.06
3 ROCK	A	3:47.43
4 ORE	B	4:01.57
5 STER	A	4:04.79
6 ROCK	B	4:17.81
7 MEN	B	4:18.27

Boys 4x800 Meter Relay

Team	Relay	Finals
1 MEN	A	9:05.00
2 STER	A	9:11.00
3 ORE	A	9:56.00
4 ROCK	A	9:57.00
5 STER	B	9:58.00
ROCK	B	NT
MEN	B	NT

Boys High Jump

Name	Yr	Team	Finals
1 WOODYATT, JASON		MEN	6-00.00
2 GANUS, JOEY		ORE	5-10.00
3 BUONOVOLONTO, .		ORE	5-06.00
4 MASON, KYLE	09	STER	5-06.00
5 PHALEN, .		MEN	5-06.00
6 SMITH, TIM		MEN	5-04.00
6 GRELL, .		STER	5-04.00
8 EUELL, DEVANTAY		ROCK	5-02.00
8 DHAESE, SKYLAR		ORE	5-02.00
10 HABERBUSH, NICK		MEN	5-00.00
10 TORRES, CHRIS		ROCK	5-00.00
12 HOBART, .		ROCK	4-10.00
12 KIMIREY, .		MEN	4-10.00
12 LABASH, DANNY		ORE	4-10.00
12 REID, Q		ROCK	4-10.00
16 ANDERSON, GRIFFI		MEN	4-08.00
16 ATHA, TIM	9	STER	4-08.00
18 SEELEY, NICK		ORE	4-06.00
18 HIGHTSMITH, .		MEN	4-06.00
18 BILLINGS, .		ROCK	4-06.00

Boys Pole Vault

Name	Yr	Team	Finals
1 GALE, ETHAN		ORE	11-03.00
2 CID, JAVIER		ROCK	10-06.00
3 EILERS, DYLAN	10	STER	9-06.00
4 SCHNEIDERBAUER, 9		STER	9-00.00
5 ATHA, TIM	9	STER	7-00.00

6 MCNINCH, J.C. ROCK 11.00

Boys Long Jump

Name	Yr	Team	Finals
1 GANUS, JOEY		ORE	19-07.00
2 CARUSO, ALEX		MEN	18-08.00
3 DIAZ, .		ROCK	18-04.50
4 TESKE, T.J.		ROCK	18-03.50
5 MARTINSON, TRAV		MEN	18-01.00
6 FELDKIRCHNER, AN	9	STER	17-09.00
7 MIKAN, DOUG	9	STER	16-11.25
8 MAGALLANES, DAN		MEN	16-04.50
9 HALE, .		ROCK	16-00.00
10 COMMISSO, BRIAN	09	STER	15-11.25
11 PRESTON, CODY		MEN	15-03.75
12 BALDERAS, .		ROCK	15-00.25
13 RUPPERT, IAN		MEN	14-11.50
14 SMITH, JAKE		ORE	14-10.25
15 MCNINCH, D		ROCK	14-09.50
16 BLANCAS, EDUARD	9	STER	14-06.00
17 PRESTON, DILLON		MEN	14-00.50
18 OROZCO, OMAR		MEN	13-08.25
19 ARTEAGA, REY		MEN	12-04.25

Boys Triple Jump

Name	Yr	Team	Finals
1 CARUSO, ALEX		MEN	41-04.00
2 BURCLAGA, ZOHAR		ROCK	40-02.00
3 GAHAN, ADAM		MEN	36-11.00
4 WOODYATT, JASON		MEN	34-06.00
5 SEELEY, NICK		ORE	33-10.50
6 CHESHIRE, CHASE	09	STER	33-01.50
7 DHAESE, SKYLAR		ORE	32-06.50
8 LABASH, DANNY		ORE	32-03.75
9 KAUFMAN, SEAN		MEN	32-03.25
10 BELL, .		ROCK	30-07.75
11 RUPPERT, IAN		MEN	30-06.50
12 KIMIREY, .		MEN	30-05.25
13 OROZCO, OMAR		MEN	27-00.00
14 MCKANNA, .		ROCK	26-08.50

Boys Shot Put

Name	Yr	Team	Finals
1 MAMCKEOWN, N.		ORE	41-02.00
2 SWOPE, AARON		STER	41-00.00
3 YOUNT, J		ORE	40-05.00

Men = Mendota  
 ORE = OREGON  
 ROCK = Rock Falls  
 STER = STERLING  
 DIXO = Dixon