

Coaches
needed!

← *Coaches & Seniors*

**SIGN UP FOR THE SENIOR
SPOTLIGHT ALL-STAR MEET**

**JUNE 8TH & 9TH AT THE
UNIVERSITY OF
NORTHERN IOWA**

**ALL EXPENSES PAID BY
ILLINOIS TRACK & CROSS
COUNTRY COACHES
ASSOCIATION**

www.itcca.org

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Glenbard West High School

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Glenbard West

Results

Event 1 Girls High Jump Varsity

Name	School	Finals	
1 Sackett, Allison	Glenbard	5-04.00	10
2 Plonka, Janet	Glenbard	JS-04.00	8
3 Denn, Stephanie	Downers	5-02.00	6
4 Roberts, Caitlin	York	JS-02.00	4
5 Cooper, Suzanna	Hinsdale	5-00.00	2
6 Myers, Lauren	Lyons	JS-00.00	1
7 Frendreis, Lauren	York	4-10.00	
7 DeBruker, Laura	Downers	4-10.00	
9 Waterford, Rachel	Oak Park	4-08.00	
10 Nicholas, Ally	Hinsdale	4-06.00	
-- Milton, Ranisha	Oak Park	NH	
-- Piarro, Marielean	Proviso West	NH	

Event 2 Girls High Jump Fresh/Soph

Name	School	Finals	
1 Kellogg, Madison	York	4-10.00	10
2 Lee, Maddie	Glenbard	4-08.00	8
3 Udelhofen, Sarah	Glenbard	JS-08.00	6
4 Mallett, Kiera	Oak Park	4-06.00	3
4 Mysz, Margaret	Lyons	4-06.00	3
6 Cahill, Caroline	York	JS-06.00	1
7 Sayre, Morgan	Hinsdale	JS-06.00	
8 Lagor, Laimc	Hinsdale	4-04.00	
8 Harrison, Genna	Lyons	4-04.00	
10 Skarulis, Amy	Downers	4-00.00	
10 Wright, Mara	Oak Park	4-00.00	

Event 3 Girls Pole Vault Varsity

Name	School	Finals	
1 Ludwig, Cassie	Hinsdale	10-09.00	10
2 Teitelbaum, Rachel	Oak Park	10-06.00	8
3 Murphy, Karlin	Oak Park	9-06.00	6
4 Porter, Lauren	York	8-06.00	4
5 Frendreis, Lauren	York	7-06.00	2
6 Paprosky, Alexa	Glenbard	6-06.00	1
-- Gordon, Julie	Lyons	NH	
-- Molek, Alyssa	Lyons	NH	

Event 4 Girls Pole Vault Fresh/Soph

Name	School	Finals	
1 Bell, Katie	Oak Park	8-06.00	10
2 Vardas, Jessica	Hinsdale	7-00.00	8
3 Platt, Margaret	York	6-06.00	6
-- Ritter-Jenkins, Genna	Lyons	NH	
-- Wilkie, Bernadette	Oak Park	NH	
-- Trudson, Katie	Hinsdale	NH	
-- Baker, Bridget	York	NH	

Event 5 Girls Long Jump Varsity

Name	School	Finals	
1 Pitts, Kancice	Oak Park	17-04.00	10
2 Waldroup, Tenika	Hinsdale	17-03.25	8
3 Mathieson, Ella	Lyons	16-10.25	6

4 Scott, Lucia	Downers	16-00.00	4
5 Boyd, Meenac	Hinsdale	15-07.50	2
6 Anderson, Kiara	Proviso West	15-02.50	1
7 Brundidge, Bridgette	Downers	15-00.50	
8 Szara, Angela	Glenbard	JS-00.50	

Event 6 Girls Long Jump Fresh/Soph

Name	School	Finals	
1 Freyn, Amanda	Hinsdale	16-01.00	10
2 Marconi, Cayla	Glenbard	15-05.50	8
3 Martin, Erin	York	15-03.00	6
4 Udelhofen, Sarah	Glenbard	15-00.50	4
5 Mysz, Margaret	Lyons	14-07.75	2
6 Graczyk, Kelsey	Downers	14-02.25	1
7 Gregory, Melissa	Lyons	14-00.50	
8 Hutson, Crystal	Proviso West	13-08.75	

Event 7 Girls Triple Jump Varsity

Name	School	Finals	
1 Anderson, Kiara	Proviso West	35-00.75	10
2 Stearn, Angela	Glenbard	34-07.00	8
3 Waldroup, Tenika	Hinsdale	34-06.50	6
4 Mathieson, Ella	Lyons	34-03.75	4
5 Nicholas, Ally	Hinsdale	33-05.50	2
6 Hagemans, Emily	York	33-05.25	1
7 Waterford, Rachel	Oak Park	33-02.50	
8 Espinosa, Lettys	Proviso West	32-10.00	

Event 8 Girls Triple Jump Fresh/Soph

Name	School	Finals	
1 Carlson, Grace	Lyons	32-03.25	10
2 Crofton, Mary	Hinsdale	31-07.50	8
3 Udelhofen, Sarah	Glenbard	31-06.25	6
4 Banks, Angel	Proviso West	31-05.50	4
5 Joyce, Rachel	Hinsdale	30-05.00	2
6 Mallett, Kiera	Oak Park	30-02.00	1
7 Lindeen, Kelly	Lyons	28-09.50	
8 Plonka, Jen	Glenbard	28-03.50	

Event 9 Girls Discus Throw Varsity

Name	School	Finals	
1 Smith, Brittany	Oak Park	129-05	10
2 Murray, Taylor	Glenbard	112-03	8
3 Kinella, Molly	Hinsdale	107-06	6
4 Battistoni, Melanie	York	106-04	4
5 Dobosz, Michelle	Glenbard	105-05	2
6 Clancy, Meghan	York	93-08	1
7 Gess, Laura	Lyons	89-09	
8 Robinson, LaQuisha	Oak Park	89-03	

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Glenbard West

Results

Event 10 Girls Discus Throw Fresh/Soph

Name	School	Finals	
Finals			
1 Castrogiovanni, Katie	Downers	98-10	10
2 Levy, Erin	Hinsdale	95-06	8
3 Ghanayem, Sarah	Downers	90-06	6
4 Ekechukwu, Adabelle	Hinsdale	89-05	4
5 Delano, Courtney	York	82-08	2
6 Childress, Vernca	Proviso West	82-06	1
7 Stafford, Kim	Glenbard	80-06	
8 Pakrosnytc, Indrc	Lyons	75-07	

Event 11 Girls Shot Put Varsity

Name	School	Finals	
Finals			
1 Smith, Brittany	Oak Park	39-11.00	10
2 Murray, Taylor	Glenbard	38-10.25	8
3 Dobosz, Michelle	Glenbard	37-08.50	6
4 Kinsella, Molly	Hinsdale	36-07.00	4
5 Gess, Laura	Lyons	35-02.50	2
6 Briones, Tabitha	York	32-06.00	1
7 Vandenberg, Murphy	York	31-00.50	
8 Hinton, Jackie	Lyons	29-09.75	

Event 12 Girls Shot Put Fresh/Soph

Name	School	Finals	
Finals			
1 Ekechukwu, Adabelle	Hinsdale	34-04.00	10
2 Levy, Erin	Hinsdale	33-07.50	8
3 Castrogiovanni, Katie	Downers	30-06.00	6
4 Ghanayem, Sarah	Downers	29-09.50	4
5 Pakrosnytc, Indrc	Lyons	29-05.00	2
6 Freitag, Katie	York	27-06.50	1
7 Childress, Vernca	Proviso West	27-05.00	
8 Tamms, Raven	Oak Park	26-07.25	

Event 13 Girls 100 Meter Dash Varsity

Name	School	Finals	
Finals			
1 Boyd, Mennae	Hinsdale	12.70	10
2 Celistan, Chelsea	Hinsdale	12.90	8
3 Jackson, Brittany	Oak Park	13.10	6
4 Steele, Jasmyyn	Glenbard	113.10	4
5 Espinosa, Lettys	Proviso West	113.10	2
6 Pitts, Kancioe	Oak Park	113.10	1
7 Porter, Allison	Lyons	13.70	
8 Braundidge, Bridgette	Downers	14.00	

Event 14 Girls 100 Meter Dash Fresh/Soph

Name	School	Finals	
Finals			
1 Paloucek, Maggie	Lyons	13.40	10
2 Arneson, Kendall	Hinsdale	13.60	8
3 Range, Camille	Oak Park	13.90	6
4 Carter, Tavia	Glenbard	14.00	4

5 Conway, Christian	Oak Park	114.00	2
6 Bunting, Rachel	Hinsdale	114.00	1
7 Brunner, Jill	Downers	14.30	
8 Yong, Ariel	York	14.40	

Event 15 Girls 100 Meter Hurdles Varsity

Name	School	Finals	
Finals			
1 Waldroup, Tenika	Hinsdale	15.70	10
2 Urbanski, Jenna	Hinsdale	16.60	8
3 Anderson, Kiara	Proviso West	16.90	6
4 Waterford, Rachel	Oak Park	116.90	4
5 Roberts, Caitlin	York	17.20	2
6 Hosley, Bridget	Oak Park	17.30	1
7 Mathieson, Ella	Lyons	17.80	
8 Kenny, Maggie	York	18.90	

Event 16 Girls 100 Meter Hurdles Fresh/Soph

Name	School	Finals	
Finals			
1 Brown, Janet	Lyons	17.10	10
2 Young, Meghan	Oak Park	17.20	8
3 Izquierdo, Natalia	Hinsdale	18.00	6
4 Leigh, Maranda	Downers	18.40	4
5 Byczek, Kira	Hinsdale	18.50	2
6 Damm, Maureen	York	18.80	1
7 Cahill, Caroline	York	19.10	
8 Drew, Carley	Lyons	20.40	

Event 17 Girls 200 Meter Dash Varsity

Name	School	Finals	
Finals			
1 Morse, Mallory	Hinsdale	26.20	10
2 Lusk, Lizzy	Hinsdale	26.70	8
3 Jackson, Brittany	Oak Park	27.00	6
4 Hill, Jasmine	Oak Park	27.40	4
5 Maltich, Stephanie	York	27.50	2
6 Ostling, Sam	York	27.60	1
7 Farrell, Christine	Lyons	28.80	
8 Hattie, Lizzy	Lyons	28.90	

Event 18 Girls 200 Meter Dash Fresh/Soph

Name	School	Finals	
Finals			
1 Freyn, Amanda	Hinsdale	27.00	10
2 Paloucek, Maggie	Lyons	27.20	8
3 Roush, Lauren	Hinsdale	27.50	6
4 Range, Camille	Oak Park	28.10	4
5 Brunner, Jill	Downers	28.40	2
6 Cunningham, Kaci	Oak Park	28.70	1
7 Banks, Angel	Proviso West	29.60	
8 Meyer, Emily	Glenbard	30.00	

Event 19 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals	
1 Hinsdale Central	H	9:32.60	10
2 Glenbard West	G	9:39.40	8

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Glenbard West

Results

(Event 19 Girls 4x800 Meter Relay Varsity)

Team	Relay	Finals	
3 Lyons Township	L	9:48.70	6
4 York	Y	9:54.60	4
5 Oak Park	O	9:59.50	2
6 Downers Grove North	D	10:03.70	1
7 Proviso West	P	11:24.50	

Event 20 Girls 4x800 Meter Relay Fresh/Soph

Team	Relay	Finals	
1 Hinsdale Central	H	10:01.40	10
2 Lyons Township	L	10:11.40	8
3 Downers Grove North	D	10:19.10	6
4 York	Y	10:33.30	4
5 Glenbard West	G	11:01.70	2
6 Oak Park	O	11:39.20	1
— Proviso West	P	NT	

Event 21 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals	
1 Hinsdale Central	H	50.00	10
2 Oak Park	O	50.20	8
3 Downers Grove North	D	51.20	6
4 Lyons Township	L	52.70	4
5 York	Y	53.30	2
6 Glenbard West	G	53.60	1

Event 22 Girls 4x100 Meter Relay Fresh/Soph

Team	Relay	Finals	
1 Hinsdale Central	H	51.10	10
2 Lyons Township	L	51.80	8
3 Oak Park	O	52.40	6
4 Downers Grove North	D	54.50	4
5 Glenbard West	G	54.50	2
6 York	Y	55.70	1
— Proviso West	P	DQ	

Event 23 Girls 3200 Meter Run Varsity

Name	School	Finals	
1 Dalrymple, Laurie	York	11:12.50	10
2 Rack, Katherine	Oak Park	11:22.20	8
3 Zumbach, Lauren	Hinsdale	11:29.00	6
4 Simpson, Jane	Lyons	11:33.50	4
5 Rack, Allison	Oak Park	11:38.90	2
6 Laser, Jenny	Hinsdale	11:47.80	1
7 Mulcrone, Jessica	Downers	12:08.00	
8 Nora, Mimi	Lyons	12:20.40	
9 McKay, Julia	Downers	12:22.80	
10 DeMong, Gretchen	Glenbard	12:29.30	
11 Pimentel, Maria	Glenbard	13:01.70	
12 Connor, Michelle	York	13:10.20	

Event 24 Girls 3200 Meter Run Fresh/Soph

Name	School	Finals	
1 Frigo, Megan	York	11:26.70	10
2 Stevens, Heather	Hinsdale	11:45.00	8
3 Henson, Emily	Downers	11:58.10	6
4 Arista, Olivia	York	12:00.40	4

5 Krzyston, Hailey	Hinsdale	12:10.20	2
6 Rotz, Dana	Downers	12:35.90	1
7 Dudley, Eliza	Lyons	13:02.60	
8 Lundin, Nancy	Lyons	13:15.20	
9 Hinton, Eliza	Glenbard	13:35.10	

Event 25 Girls 800 Meter Run Varsity

Name	School	Finals	
1 Kuckertz, Emily	Hinsdale	2:21.10	10
2 Kirk, Marianne	Oak Park	2:23.00	8
3 Folan, Rachel	Glenbard	2:23.90	6
4 Teague, Michelle	Proviso West	2:24.30	4
5 Cleary, Emily	Hinsdale	2:24.70	2
6 Zachos, Evangeline	Oak Park	2:30.60	1
7 Zimmer, Danielle	Lyons	2:31.10	
8 Haling, Allie	York	2:31.80	
9 Devereux, Lisa	Lyons	2:33.00	
10 Kus, Natalie	Glenbard	2:34.90	
11 Rodriguez, Adriana	Downers	2:38.90	
12 Reagin, Taylor	Downers	2:40.60	
13 Evans, Penny	Proviso West	3:25.70	
— Augustine, Dana	York	NT	

Event 26 Girls 800 Meter Run Fresh/Soph

Name	School	Finals	
1 Kummerer, Katie	Hinsdale	2:25.40	10
2 McCarthy, Niamh	Hinsdale	2:27.80	8
3 Ziolkowski, Kylie	Lyons	2:29.20	6
4 Osmani, Viora	Downers	2:32.30	4
5 Gher, Lauren	York	2:36.00	2
6 Moeller, Lizza	Lyons	2:40.80	1
7 Salik, Briana	Downers	2:42.70	
8 Cernauske, Christina	York	2:43.20	
9 Kinnaird, Marnie	Oak Park	2:47.00	
10 Curtis, Madeline	Glenbard	2:50.10	
11 Savel, Taylor	Glenbard	2:51.00	
12 Johnson, Elena	Oak Park	2:51.90	
13 Brown, Imari	Proviso West	3:00.30	
14 Cook, Nikia	Proviso West	3:27.90	

Event 27 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals	
1 Hinsdale Central	H	1:44.70	10
2 Oak Park	O	1:47.50	8
3 Downers Grove North	D	1:47.80	6
4 Lyons Township	L	1:50.80	4
5 York	Y	1:51.70	2
6 Glenbard West	G	1:53.90	1

Event 28 Girls 4x200 Meter Relay Fresh/Soph

Team	Relay	Finals	
1 Hinsdale Central	H	1:51.20	10
2 Lyons Township	L	1:51.70	8
3 Oak Park	O	1:53.50	6
4 Glenbard West	G	1:55.50	4
5 York	Y	1:57.50	2
6 Proviso West	P	2:00.00	1

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Glenbard West

Results

(Event 28 Girls 4x200 Meter Relay Fresh/Soph)

Team	Relay	Finals
7 Downers Grove North	D	2:01.70

Event 29 Girls 400 Meter Dash Varsity

Name	School	Finals
1 Hagensars, Emily	York	58.20 10
2 Green, Stephanie	Hinsdale	59.40 8
3 Baurle, Brittany	Glenbard	1:00.60 6
4 Egan, Shannon	Oak Park	1:01.00 4
5 Espinosa, Lettys	Proviso West	1:01.10 2
6 Reavis, Emily	Hinsdale	1:01.20 1
7 Damper, Shevonn	Lyons	1:01.70
8 Mendoza, Elizabeth	York	1:03.70
9 Weismantle, Kirsten	Oak Park	1:04.30
10 Williams, Sharday	Proviso West	1:04.80
11 DeVeno, Nicola	Lyons	1:05.20
12 McAnally, Brin	Downers	1:05.70
13 Phistry, Kim	Downers	1:05.90
14 Pope, Katie	Glenbard	1:07.60

Event 30 Girls 400 Meter Dash Fresh/Soph

Name	School	Finals
1 Kilrea, Kelsey	Lyons	1:00.70 10
2 Crofton, Mary	Hinsdale	1:02.40 8
3 Platt, Margaret	York	1:03.30 6
4 Vardas, Jessica	Hinsdale	1:03.40 4
5 Lee, Maddie	Glenbard	1:03.90 2
6 Edwards, Jayme	Oak Park	1:04.00 1
7 Colletti, Karie	Downers	1:04.50
8 Labno, Hannah	Downers	1:04.90
9 Bennett, Katie	York	1:05.30
10 Cordoro, Ariel	Oak Park	1:05.70
11 Watson, Jorie	Proviso West	1:09.10
11 Loftus, Kay	Glenbard	1:09.10
13 McKinney, Destiny	Proviso West	1:10.90
— Grimes, Emma	Lyons	NT

Event 31 Girls 300 Meter Hurdles Varsity

Name	School	Finals
1 Davis, Daniello	Hinsdale	47.30 10
2 Teague, Michelle	Proviso West	48.10 8
3 Hosley, Bridget	Oak Park	48.60 6
4 Slayton, Molly	Downers	49.40 4
5 Sackett, Allison	Glenbard	49.80 2
6 Mathieson, Ella	Lyons	50.30 1
7 Lenzbitz, Kristin	Glenbard	51.10
8 McCutcheon, Mary	Downers	51.30
9 Waterford, Rachel	Oak Park	57.20
10 Kenny, Maggie	York	57.60
11 Anderson, Kiara	Proviso West	1:01.50
— Selby, Allison	Hinsdale	NT

Event 32 Girls 300 Meter Hurdles Fresh/Soph

Name	School	Finals
1 Sanders, Nicole	Downers	49.30 10
2 Brown, Janet	Lyons	49.70 8

3 Trembley, Sarah	Hinsdale	51.90 6
4 Drew, Carley	Lyons	52.40 4
5 Byczek, Kira	Hinsdale	52.50 2
6 Young, Meghan	Oak Park	52.80 1
7 Carter, Tavia	Glenbard	54.10
8 Kinsey, Erin	York	54.50
9 Cahill, Caroline	York	55.60
10 Leigh, Maranda	Downers	55.90
11 Hutson, Crystal	Proviso West	57.90
12 Uchison, Sarah	Oak Park	59.20
13 Pacheco, Celeste	Glenbard	1:03.00

Event 33 Girls 1600 Meter Run Varsity

Name	School	Finals
1 Hines, Roey	Hinsdale	5:13.30 10
2 Rack, Katherine	Oak Park	5:15.30 8
3 Moore, Sarah	Glenbard	5:19.30 6
4 Seick, Caitlin	Glenbard	5:20.60 4
5 Rehn, Katherin	Lyons	5:22.30 2
6 Simpson, Jane	Lyons	5:24.50 1
7 Rasmussen, Wendy	Downers	5:25.40
8 Zumbach, Lauren	Hinsdale	5:29.30
9 Pisani, Angela	York	5:33.20
10 Rack, Allison	Oak Park	5:33.60
11 Claus, Theresa	Downers	5:35.40
— Singh, Shreya	York	NT
— Torres, Stephanie	Proviso West	NT

Event 34 Girls 1600 Meter Run Fresh/Soph

Name	School	Finals
1 Hucek, Grace	Hinsdale	5:23.40 10
2 Frigo, Megan	York	5:28.90 8
3 Correll, Anne	Downers	5:30.20 6
4 Stevens, Heather	Hinsdale	5:38.90 4
5 Henson, Emily	Downers	5:40.60 2
6 Fry, Meghan	York	5:44.50 1
7 Bowhay, Ruth	Lyons	5:46.40
8 Flaherty, Katie	Lyons	5:53.80
9 Wyant, Shelby	Glenbard	6:11.80
10 Moore, Katie	Glenbard	6:17.30
11 Northby, Kirby	Oak Park	6:27.10
— VanDerMolka, Maggie	Oak Park	NT

Women - Varsity - Team Rankings - 17 Events Scored

1) Hinsdale Central	172
2) Oak Park	121
3) Glenbard West	89
4) York	50
5) Lyons Township	35
6) Proviso West	33
7) Downers Grove North	27

Women - Fresh/Soph - Team Rankings - 17 Events Scored

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Glenbard West

Results

A

Event 35 Girls 4x400 Meter Relay Varsity

School	Finals	Points
Finals		
1 Downers Grove North 'D'	4:03.30	10
2 Glenbard West 'G'	4:05.70	8
3 Hinsdale Central 'H'	4:06.60	6
4 Proviso West 'P'	4:11.00	4
5 York 'Y'	4:12.90	2
6 Oak Park 'O'	4:13.70	1
7 Lyons Township 'L'	4:19.10	

Combined Team Scores - Varsity - 18 Events Scored

1) Hinsdale Central	178	2) Oak Park	122
3) Glenbard West	97	4) York	52
5) Downers Grove North	37	5) Proviso West	37
7) Lyons Township	35		

J. Effinger
 ID # 11027
 5-05-07
 5:25 PM

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Results

A

Event 36 Girls 4x400 Meter Relay Frosh/Soph

School	Finals	Points
Finals		
1 Lyons Township 'L'	4:12.90	10
2 Oak Park 'O'	4:22.20	8
3 York 'Y'	4:23.90	6
4 Downers Grove North 'D'	4:28.80	4
5 Hinsdale Central 'H'	4:36.80	2
6 Glenbard West 'G'	4:39.40	1
7 Proviso West 'P'	4:53.70	

Combined Team Scores - Frosh/Soph - 18 Events Scored

1) Hinsdale Central	185	2) Lyons Township	108
3) Downers Grove North	76	4) York	71
5) Oak Park	58	6) Glenbard West	47
7) Proviso West	6		

J. Spinger
 ID# 11027
 5-05-07
 5:25 PM