

Illinois Valley Central High School

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NCIC Girls Conference Track Meet 2007 - 5/4/2007

IVC High School
Results - MeetInfo**Women 100 Meter Dash Lincoln Varsity**

Name	School	Prelims
Heat 1 Preliminaries		
1 Rush, Kendall	Hall	13.00q
2 Maynard, Sarah	Princeton	13.80q
3 Magee, Jenna	Ivc	14.30q
4 Cervantez, Sara	Kewanee	14.40
4 Victor, Mickey	Hall	14.40q
Heat 2 Preliminaries		
1 Lowdermilk, Brittany	Princeton	12.80q
2 Woodhurst, Becca	Rock Falls	13.30q
3 Campbell, Kimari	Rock Falls	13.50q
4 Friedlein, Heather	Mendota	13.70q

Women 100 Meter Dash Lincoln Varsity

Name	School	Finals
Section 1 Finals		
1 Lowdermilk, Brittany	Princeton	12.60 10
2 Rush, Kendall	Hall	12.90 8
3 Woodhurst, Becca	Rock Falls	13.20 6
4 Friedlein, Heather	Mendota	13.50 3
4 Campbell, Kimari	Rock Falls	13.50 3
6 Maynard, Sarah	Princeton	13.60 1

Women 200 Meter Dash Lincoln Varsity

Name	School	Prelims
Heat 1 Preliminaries		
1 Lowdermilk, Brittany	Princeton	26.00q
2 Rush, Kendall	Hall	26.40q
3 Woodhurst, Becca	Rock Falls	26.80q
3 Brockman, Miranda	Rock Falls	26.80q
5 Friedlein, Heather	Mendota	27.30q
6 Luck, Jenna	Hall	30.20q

Women 200 Meter Dash Lincoln Varsity

Name	School	Finals
Section 1 Finals		
1 Lowdermilk, Brittany	Princeton	26.00 10
2 Rush, Kendall	Hall	26.40 8
3 Woodhurst, Becca	Rock Falls	26.80 5
3 Brockman, Miranda	Rock Falls	26.80 5
5 Friedlein, Heather	Mendota	27.30 2
6 Luck, Jenna	Hall	30.20 1

Women 400 Meter Run Lincoln Varsity

Name	School	Finals
Section 1		
1 Barr, Jessica	Mendota	1:07.30 1
2 Croisant, Amanda	Hall	1:09.30
3 VanDrimmlen, Racheal	Mendota	1:33.40
Section 2		
1 LaFlora, Clarissa	Kewanee	1:01.70 10
2 Ehredt, Danyelle	Rock Falls	1:02.10 8
3 Rutan, Rachel	Ivc	1:04.50 6
4 Olson, Shuana	Rock Falls	1:05.00 4

5 Kracmer, Emily	Hall	1:06.30 2
6 McGowan, Fiona	Ivc	1:12.20

Women 800 Meter Run Lincoln Varsity

Name	School	Finals
Section 1		
1 Vasquez, Cynthia	Rock Falls	2:26.90 10
2 Hanson, Jessica	Kewanee	2:32.50 8
3 Bland, Nicole	Hall	2:41.60 6
4 Caudillo, Jackie	Rock Falls	2:43.60 4
5 Doerr, Alyssa	Ivc	2:45.80 2
6 Perham, Lauren	Ivc	2:46.30 1

Women 1600 Meter Run Lincoln Varsity

Name	School	Finals
Section 1		
1 Casteneda, Victoria	Rock Falls	5:29.90 10
2 Davis, Jessica	Rock Falls	5:44.50 8
3 Marti, Aly	Princeton	5:45.70 6
4 Sack, Haley	Mendota	6:03.10 4
5 Quigg, Katherine	Ivc	6:17.40 2
6 Colmone, Toni	Hall	6:23.70 1

Women 3200 Meter Run Lincoln Varsity

Name	School	Finals
Section 1		
1 Quigg, Katherine	Ivc	12:51.20 10
2 Richard, Kerstyn	Rock Falls	12:57.50 8
3 Sack, Haley	Mendota	13:13.40 6
4 Colmone, Toni	Hall	13:28.80 4
5 Gridley, Carly	Rock Falls	13:44.60 2
6 Turpen, Alyssa	Hall	14:45.50 1

Women 100 Meter Hurdles Lincoln Varsity

Name	School	Prelims
Heat 1 Preliminaries		
1 Brockman, Miranda	Rock Falls	16.10q
2 Kwiatek, Lacey	Hall	16.90q
3 Donaldson, Harmony	Hall	19.00q
4 Walker, Morgan	Ivc	19.80q

Women 100 Meter Hurdles Lincoln Varsity

Name	School	Finals
Section 1 Finals		
1 Brockman, Miranda	Rock Falls	16.10 10
2 Kwiatek, Lacey	Hall	16.90 8
3 Donaldson, Harmony	Hall	19.00 6
4 Walker, Morgan	Ivc	19.80 4

Women 300 Meter Hurdles Lincoln Varsity

Name	School	Finals
Section 1		
1 Brockman, Miranda	Rock Falls	47.90 10
2 Gustafson, Josie	Princeton	51.40 8
3 Vail, Mikayla	Ivc	52.30 6
4 Donaldson, Harmony	Hall	55.30 4
5 Gerrard, Katie	Hall	55.50 2

Coaches
needed!

← *Coaches & Seniors*

**SIGN UP FOR THE SENIOR
SPOTLIGHT ALL-STAR MEET**

**JUNE 8TH & 9TH AT THE
UNIVERSITY OF
NORTHERN IOWA**

**ALL EXPENSES PAID BY
ILLINOIS TRACK & CROSS
COUNTRY COACHES
ASSOCIATION**

www.itcca.org

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Illinois Valley Central High School

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NCIC Girls Conference Track Meet 2007 - 5/4/2007

IVC High School

Results - MeetInfo

Section 1 ... (Women 300 Meter Hurdles Lincoln Varsity)

Name	School	Finals	
6 Behmlander, Caitlyn	Rock Falls	56.30	1

Women 4x100 Meter Relay Lincoln Varsity

Team	Relay	Finals	
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Section 1

1 Princeton	A	51.70	10
2 Rock Falls	A	52.80	8
3 Hall	A	53.60	6
4 Kewanee	A	53.90	4
5 Ivc	A	59.50	2

Women 4x200 Meter Relay Lincoln Varsity

Team	Relay	Finals	
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Section 1

1 Rock Falls	A	49.20	10
2 Princeton	A	52.70	8
3 Kewanee	A	54.60	6
4 Hall	A	56.70	4
5 Ivc	A	1:00.80	2

Women 4x400 Meter Relay Lincoln Varsity

Team	Relay	Finals	
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Section 1

1 Kewanee	A	4:16.20	10
2 Rock Falls	A	4:24.30	8
3 Ivc	A	4:31.50	6
4 Hall	A	4:41.90	4
5 Princeton	A	4:45.40	2
6 Mendota	A	5:02.50	

Women 4x800 Meter Relay Lincoln Varsity

Team	Relay	Finals	
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Section 1

1 Rock Falls	A	9:59.90	10
2 Princeton	A	10:56.10	8
3 Ivc	A	11:09.10	6
4 Mendota	A	12:04.00	4

Women High Jump Lincoln Varsity

Name	School	Finals	
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Flight 1

1 Bannister, Stephanie	Ivc	5-00.00	10
2 Kane, Jacqui	Princeton	4-10.00	6
2 Hoffert, Abby	Hall	4-10.00	8
2 Sack, Haley	Mendota	4-10.00	4
5 Sack, Megan	Mendota	4-08.00	2
6 Ellis, Nicole	Rock Falls	4-00.00	1

Women Pole Vault Lincoln Varsity

Name	School	Finals	
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Flight 1

1 Fonderoli, Lexi	Hall	7-06.00	10
1 Huff, Macie	Kewanee	7-06.00	8
3 Walker, Morgan	Ivc	7-00.00	2
3 Donner, Alyssa	Princeton	7-00.00	4

3 Bannister, Stephanie	Ivc	7-00.00	6
6 Dimmig, Sam	Mendota	6-00.00	1

Women Long Jump Lincoln Varsity

Name	School	Prelims	
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Flight 1 Preliminaries

1 Maynard, Sarah	Princeton	15-02.50q	
2 Woodhurst, Becca	Rock Falls	15-02.25q	
3 Vail, Mikayla	Ivc	14-06.25q	
4 Luck, Jenna	Hall	14-04.00q	
5 Scott, Katie	Princeton	13-11.50q	
6 Olson, Shuana	Rock Falls	12-11.25q	

Women Long Jump Lincoln Varsity

Name	School	Finals	
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Flight 1 Finals

1 Maynard, Sarah	Princeton	15-02.50	10
2 Woodhurst, Becca	Rock Falls	15-02.25	8
3 Vail, Mikayla	Ivc	14-06.25	6
4 Luck, Jenna	Hall	14-04.00	4
5 Scott, Katie	Princeton	13-11.50	2
6 Olson, Shuana	Rock Falls	12-11.25	1

Women Triple Jump Lincoln Varsity

Name	School	Prelims	
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Flight 1 Preliminaries

1 Rush, Kendall	Hall	34-00.25q	
2 Vail, Mikayla	Ivc	32-06.50q	
3 Donner, Alyssa	Princeton	31-05.25q	
4 Hansen, Jackie	Kewanee	31-03.50q	
5 Bruno, Teresa	Mendota	30-03.75q	
6 Marti, Aly	Princeton	29-02.00q	

Women Triple Jump Lincoln Varsity

Name	School	Finals	
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Flight 1 Finals

1 Rush, Kendall	Hall	34-00.25	10
2 Vail, Mikayla	Ivc	32-06.50	8
3 Donner, Alyssa	Princeton	31-05.25	6
4 Hansen, Jackie	Kewanee	31-03.50	4
5 Bruno, Teresa	Mendota	30-03.75	2
6 Marti, Aly	Princeton	29-02.00	1

Women Shot Put Lincoln Varsity

Name	School	Prelims	
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Flight 1 Preliminaries

1 Bergan, Whitney	Ivc	34-08.75q	
2 Holcomb, Emily	Rock Falls	32-00.50q	
3 Andes, Jennifer	Hall	31-01.25q	
4 Phalen, Morgan	Mendota	30-11.50q	
5 Vonk, Cali	Ivc	30-00.75q	
6 Schlund, Sarah	Princeton	29-03.00q	

Women Shot Put Lincoln Varsity

Name	School	Finals	
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Flight 1 Finals

1 Bergan, Whitney	Ivc	34-08.75	10
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NTIC Girls Conference Track Meet 2007 - 5/4/2007

IVC High School
Results - MeetInfo**Flight 1 Finals ... (Women Shot Put Lincoln Varsity)**

Name	School	Finals	
2 Holcomb, Emily	Rock Falls	32-00.50	8
3 Andes, Jennifer	Hall	31-01.25	6
4 Phalen, Morgan	Mendota	29-11.50	4
5 Vonk, Cali	Ivc	30-00.75	2
6 Schlund, Sarah	Princeton	29-03.00	1

Women Discus Throw Lincoln Varsity

Name	School	Prelims
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Flight 1 Preliminaries

1 Frank, Kristina	Ivc	106-01q
2 Phalen, Morgan	Mendota	102-03q
3 Andes, Jennifer	Hall	90-01q
4 Kraemer, Emily	Hall	82-07q
5 Rock, Rachel	Ivc	81-00q
6 Schlund, Sarah	Princeton	73-05q

Women Discus Throw Lincoln Varsity

Name	School	Finals
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Flight 1 Finals

1 Frank, Kristina	Ivc	106-01	10
2 Phalen, Morgan	Mendota	102-03	8
3 Andes, Jennifer	Hall	90-01	6
4 Kraemer, Emily	Hall	82-07	4
5 Rock, Rachel	Ivc	81-00	2
6 Schlund, Sarah	Princeton	73-05	1

Women - Lincoln Varsity - Team Rankings - 18 Events Scored

1) Rock Falls	148
2) Hall	113
3) IVC	103
4) Princeton	94
5) Kewanee	50
6) Mendota	41

Women - Lincoln JV - Team Rankings - 18 Events Scored

1) Hall	149
2) IVC	121
3) Princeton	80
4) Kewanee	70
5) Rock Falls	48
6) Mendota	44